Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Thursday 29 Jun 2023 until 23:59 on Friday 30 Jun 2023

Forecast Issued on Thursday 29 Jun 2023 at 03:37 by Met Office Aberdeen

Confidence: High for changeable weather to continue into the next weekend

Headline for Thursday 29 Jun 2023: Sunny spells and a few showers. Cold winds at height.

Mountain weather hazards on Thursday 29 Jun 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy rain showers	Heavy rain showers	Sunny intervals	Sunny intervals	Light rain showers	Sunny intervals
Precipitation probability					
30%	30%	30%	30%	30%	30%

Forecast for Thursday 29 Jun 2023

Weather: Showers will continue throughout the day, with a small chance of a heavier shower with an isolated thunderstorm more especially in the evening period across Lochaber.

Chance of cloud-free hill tops above 800m: 70%

Low Cloud and visibility: Generally very good visibility with great air clarity. Some cloud down to 700 metres at first, otherwise patchy cloud around 900 to 1000 metres.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 29 Jun 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	17/21 SW	17/21 SW	20/26 SW	22/30 SW	25/33 SW	24/31 SW	23/30 SW
900	13/15 SW	13/16 SW	16/22 W	18/25 SW	20/27 SW	19/26 SW	18/24 SW
600	15/18 SW	15/19 SW	17/23 SW	21/28 SW	22/30 SW	22/29 SW	21/27 SW
300	8/11 SW	10/13 SW	12/19 SW	14/22 SW	14/22 SW	12/20 SW	12/20 SW
Glen	7/12 SW	7/12 SW	9/18 SW	12/23 SW	13/24 SW	9/20 SW	10/21 SW

Height (m)	Temperature / Feels Like (°C)						
1300	4/-1	4/-1	5/-1	5/-1	5/-1	4/-1	5/0
900	6/3	7/4	9/5	8/5	8/4	7/3	8/4
600	8/5	9/6	11/7	11/7	10/6	10/6	10/6
300	10/9	12/10	13/11	13/11	12/10	12/10	12/9
Glen	12/11	14/13	16/14	15/13	15/12	13/12	13/11
Freezing Level*	1800m	1700m	1800m	2000m	1900m	2000m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be prepared for notable wind chill on the tops

Forecast for Friday 30 Jun 2023
Weather: A cloudy day with showers, a longer spell may develop during the afternoon for a time. Cold winds at height.

Maximum wind: Westerly 20 mph with gusts to 30 mph on the higher tops

Chance of cloud-free hill tops above 800m: 30%, best chance in the morning

Low Cloud and visibility: Very good visibility with good air clarity. Areas of cloud down to 850 metres, and a chance of some extensive cloud down to 700 metres in any longer spells of rain

Temperature: **Glens:** Plus 6 rising to 18 Celsius
At 800m: Plus 9 Celsius
Freezing level: Above summits

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